

A Daily Connection for Infants/Toddlers

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>Play Peek A Boo</p>	<p>Introduce different textures; smooth rough bumpy and watch my reaction</p>	<p>Look in a mirror with me. Talk about the body parts we see; nose, eyes, mouth,etc..</p>	<p>Dance with me. Turn on music. Hold me close and move with the music. Use words like fast, slow.</p>	<p>Position me so I can see you making funny faces and sounds. Watch as I try to imitate the faces you make.</p>	<p>Everyday: PLAY!</p> 
<p>Everyday: READ!!</p> 	<p>"Did you hear that?" each time you hear a sound. Imitate the sound out loud and make gestures to go along with it. Invite them to make the sounds.</p>	<p>Have a scavenger hunt. Take it outside!</p>	<p>Let your child play with your pots and pans. Talk about all the different sounds.</p>	<p>Grab a ball or anything that rolls and is soft and play a game of catch. Roll the ball back and forth and talk to your child about what is happening.</p>	<p>Make an animal noise. Can your child guess the name of the animal? Can they copy the sound back?</p>	
	<p>Pick two food words, such as banana and apple, to make a word pattern two times. Repeat with your child, "Banana, apple, banana, apple."</p>	<p>Smile at your child and then wink at them. Repeat it several times, then encourage them to try to copy you.</p>	<p>Sing "If you're happy and you know it clap your hands." Next, try changing up actions: touch your nose, hop on one foot, or snap your fingers.</p>	<p>Point to their nose and say, "your nose." Then point to your nose and say, "my nose." Respond to what they do.</p>	<p>Point out everything you see. "There goes a yellow bus", "I see a blue bird"</p>	<p>Everyday: Get Outside!</p>
	<p>Match pictures to the real objects. After looking at a picture of an apple, for example, let your child touch and smell one.</p>	<p>Do a simple puzzle, talk about turning the pieces and the different colors</p>	<p>Stack different size cups, talk about sizes, bigger, smaller,</p>	<p>Children learn from taking turns when you play, talk, or explore. After they go, take your turn. Then repeat: they go, you go, they go, you go!</p>	<p>Not holding your child at the moment? Talk with them as you move around the room, telling them, "Here I am!"</p>	
	<p>Let's Crawl-Place toys just out of reach of your baby and encourage a hand-knee position.</p>	<p>Pat-a-Cake-Play pat-a-cake with your baby encouraging her to bring hands together at the center of her body in a clapping motion.</p>	<p>This Little Piggy-Use this nursery rhyme while you play with and massage baby's toes and feet.</p>	<p>Turning Pages-Using cardboard board books, help your child turn pages as you name pictures in books.</p>	<p>Make a tunnel using furniture or use a store bought play tunnel. Have an adult sit at one end and encourage your child to crawl through and greet them at the other end.</p>	