

Daily Connections for Preschoolers

| | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|---|---|---|---|---|
| <p>Everyday: READ!</p> | | Smile at your child and then wink at them. Repeat it several times, then encourage them to try to copy you. | Play catch together. Use ball or any object that can be safely tossed to one another. | Have a dance party | Play Simon Says. Take turns being Simon! | Invite your child to hunt for objects of different sizes. How many small things can they find" what about big things" |  |
|  | Try a new recipe together | Play follow the leader. Take turns being the leader! | When you're reading or telling a story to your child at bedtime, ask them questions about the story. | Make an indoor/outdoor obstacle course. | Choose an object in your home, like a used paper towel roll, and challenge your child to see how many different ways they can use it. | Everyday: PLAY! | |
| <p>Everyday: GO OUTSIDE!</p> | Paper Games Hangman, Dots and Boxes, Tic-Tac-Toe, Paper Airplanes | Play "I Spy" | Make up funny stories with your child. You start it off with something like, "Once upon a time there was a teeny, tiny wiggly ant..." | Turn your living room into an "Animal Adventure." Make an animal noise. Can your child guess the name of the animal? | In the morning, take turns being "Handy Helpers." Ask your child, "Will you please help me ___?" |  | |
|  | Go on a scavenger hunt. Take it outdoors! | Draw or write together. Encourage your child to describe the picture. Talk about the shapes and colors you see in the drawing. | Do yoga together! | Encourage your child to sort objects during cleanup. Talk about what you're doing: "All of the small lids go in the little bowl and the big lids go in the big bowl." | Play card games: Uno, Old Maid, Go Fish |  | |
|  | Let your child help you wash dishes. Talk about the shape of the dishes and the different textures. | Have your child help you sort laundry. Encourage them to sort by color, size and type of clothing. | Make a tunnel with chairs, blankets and pillows. Join your child to crawl through it and run around it. | Have a living room "camp out". Get creative! | Use picture cards to play charades! |  | |