



COVID-19 Food Resource Guide

1. Vowell's Fresh Market

- a) Food assistance: Offering a morning snack from 7am-8am
Offering a lunch sack from 1pm-2pm
- b) **Child must be present at pickup**
- c) K-6th grade
- d) Available at Cottdale and Bear Creek locations

2. West Alabama Food Bank

- a) Families can receive food assistance from 9 to 11 a.m.
Monday-Friday.
- b) Must present identification

2. Christian Ministry Center (205) 752-8399

3880 Watermelon Rd, Northport, AL 35473

- a) Food Assistance: Monday, Wednesday, and Thursdays:
8:00am-10:00am
- b) Maximum assistance: every 3 months
 - MUST HAVE: referral, photo ID, and social security card

3. Grace Presbyterian Church (205) 758-1193

113 Hargrove Rd, Tuscaloosa, AL 35401

- a) Food Assistance: 2nd Tuesday of each Month: 1:30pm-3:30pm
- b) Maximum assistance: once every 6 months
 - MUST HAVE: photo ID and referral

4. Community Soup Bowl (205) 752-2421

1711 23rd Ave, Tuscaloosa, AL 35401 (Located behind Piggly Wiggly)

- a) Food Assistance: FREE Daily lunches: 11:00-12:50pm
- b) Individuals may pick up to-go plates outside the facility.



5. East Tuscaloosa Soup Bowl (205) 553-4588

3004 Hargrove E, Tuscaloosa, AL 35401

(Located at Hargrove Memorial United Methodist Church)

- a) Food Assistance: FREE lunch every Wednesday and Friday from 11:45-1:00pm
- b) FREE Sunday Lunches: Alberta Baptist starting at 1:30pm
- c) Maximum assistance: N/A

6. Salvation Army (205) 632-3691

1035 29th St, Tuscaloosa, AL 35401

- a) Food Assistance: Monday-Wednesday: 8:00am–12:00pm & 1:00pm–3:00pm
- b) Maximum assistance: every 4 months
 - MUST BRING: Proof of Income, Proof of Residence, Photo ID, and Social Security Cards for all household members required.

7. Meals on Wheels (205) 752-5429

- a) Food Assistance: Mid-day meals delivered on a continuous basis
- b) Telephone application required for approval
- c) Minimum payment required for assistance
 - MUST HAVE: Photo ID, Social Security Card, & Proof of Residence Required
 - MUST BE: Unable to Prepare Meals Independently

8. Vineyard Community Church (Near Wright's restaurant)

3800 University Blvd E, Tuscaloosa, AL 35404

- a) Food Assistance: 1st and 3rd Saturday of each month from 9:00am-10:00am
- b) No requirements
- c) Drive-thru food pantry