

Coverage	Provider	Contacts
Medical Plan	UMR	www.umar.com (800) 826-9781
Telemedicine	Teladoc	<a href="http://www.teladoc.com">www.teladoc.com</a> (800) 835-2362
Flexible Spending Account (FSA)	Discovery Benefits	www.discoverybenefits.com (866) 451-3399
Dental Plan Vision Plan Company Paid Life & AD&D Plan Voluntary Life & AD&D Plan Short-Term Disability Plan Long-Term Disability Plan Accident Plan Critical Illness Plan	MetLife	www.metlife.com/mybenefits (888) 438-6388
Employee Assistance Program (EAP)	MetLife	www.metlifeeap.lifeworks.com (888) 319-7819 username: metlifeeap password: eap
401(k) Retirement Plan	Wipfli	www.retirement.wipfli.com (866) 565-6600
Millis Transfer's Benefits Contact		(800) 284-8153 ext. 2150 matt.brey@millistransfer.com
Matt Brey Benefits Coordinator		



### Millis Transfer Benefits Information