

LightHouse

Portland Rescue Mission | NEWSLETTER



“The Lord
has given
me peace.”

**FROM FEAR TO
PEACE
& HOPE**

Angie's Story of Transformation

For 30 years, Angie was trapped in addiction, fear, and trauma. She had convinced herself that her life was a dead end without escape. But when she cried out to God in desperation, He answered... and led her on a journey that transformed her hopelessness into a new life.

Continued on page 2 ➔

Angie's Story of Transformation, continued

Angie was raised in a home marked by addiction, instability, and domestic violence. As a young adult, she turned to methamphetamines to escape the pain she carried.

"Being high allowed me just to keep going," she remembers. "To not stop at any time and think or feel anything."

What began at age 19 became a 30-year addiction, and over those years Angie's life unraveled. Her relationships with her children were broken, she faced threats from drug dealers, and she eventually lost her home and car. Addiction had left her feeling trapped in chaos and fear.

In 2022, with nowhere and no one to turn to, Angie reached a breaking point. Alone and overwhelmed, she cried out to God. "He answered immediately. He told me I was going to get up, and I was going to overcome it." That moment became the first step toward a new life.

Angie sought treatment in various programs, while continuing to ask God for His direction. During a walk on the beach, she felt a powerful reminder of His faithfulness. **"The Lord said, 'If you can trust in Me, Angie, you'll never be shattered and broken again.'"**

As she realized that she needed a faith-based program to support her healing, Angie turned to Shepherd's Door. "When I came to my interview, I remember saying, **'I know the Lord brought me here. I know I'm supposed to be here.'**"

At first, years of trauma made it difficult to trust others. But the women and staff at Shepherd's Door patiently walked alongside her. "They never gave up on me. I had never experienced someone loving me even when I didn't know how to love myself."



Through a safe, structured environment and Christ-centered care, Angie began to heal. She discovered the peace she had spent decades searching for and rebuilt relationships with her children and grandchildren.

"The Lord has given me His peace that surpasses all understanding."

Today, Angie's life is transformed. She is sober, working at Portland Rescue Mission, and sharing hope with others who are struggling. **"Before I came to PRM, I was lost and I thought love equaled pain. But now, I am found. I'm loved. And the Lord has given me His peace that surpasses all understanding."**



Recovery means addressing root causes and pursuing transformation within a loving community.

SEE HOW YOUR SUPPORT HELPS NEIGHBORS LIKE ANGIE HEAL AT PRM!

Graduation is Only **The Beginning**

Graduation day at Portland Rescue Mission is unlike any other.

There is joy in the air – families and friends smiling through happy tears, staff cheering from all around the room, applause from the men and women who have walked beside our New Life Recovery Program grads for months.

But there is also something deeper... there is hope.

So far this year, 17 New Life program grads and 48 Connect program grads have walked across our graduation stage – their lives a visible reminder that addiction or homelessness do not have to be the end of someone's story.

Graduation is only the beginning of their journey to lasting transformation. Thank you for your continued support of these men and women as they start a new chapter.



❓ **Did you know?**

4 out of 5 New Life Recovery Grads in the last five years are housed and sober... thanks to you! Visit our website to learn more!
PortlandRescueMission.org

Celebrating **New Life** in Christ!

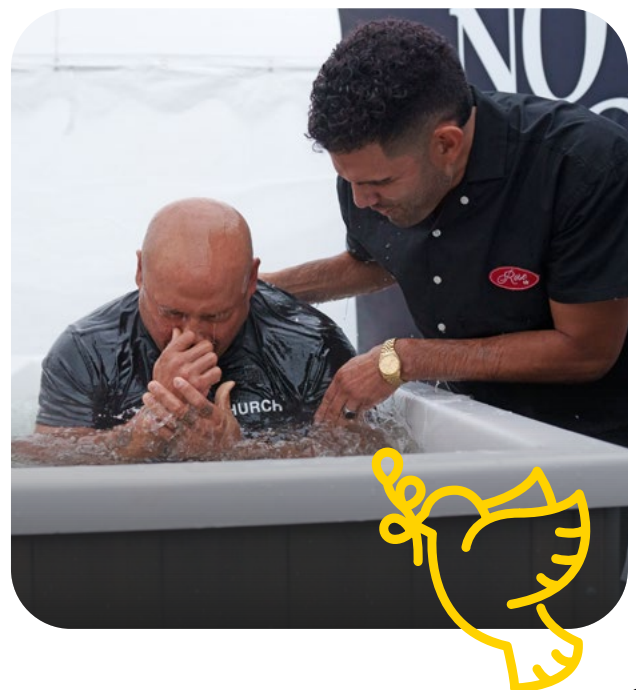
Transformation at PRM often starts with practical care – a meal, a safe place to sleep, a conversation with a caring staff member who knows our guests by name.

And through those moments of connection, hurting men and women can start to address not only their physical needs... but their spiritual needs too.

Baptism is a beautiful outward expression of their commitment to that inner work.

We thank God for the **men and women in our programs who have declared their faith in Christ this year!** Please pray for them as they seek to follow God's plan for their lives.

Read more stories of hope and transformation at
PortlandRescueMission.org





crosses the finish line!

Congratulations to our PRM race team “Strides for Hope” on completing the largest relay race in the world – the 196-mile Hood to Coast!

In August, this dedicated group of graduates, staff, and volunteers laced up their running shoes for a powerful purpose: to support men, women, and children who are rebuilding their lives with the support of PRM.



A special thank you to our sponsors for supporting our team...



share
THE DOUGH



THE
PARTNERS
GROUP

Wagner Planning
ENVISION • PLAN • ACHIEVE



Brown & Brown



State Farm®

Percipio7

Join us for Conversations on a Bench!



October 8-9, 2026

Starting at 12:00 p.m. PST

**111 West Burnside Street
Portland, OR 97209**

Listen in as Erin Holcomb, our Interim Executive Director, heads back to the bench this year – for Conversations on a Bench! Livestreaming from outside our Burnside Shelter, she'll spend 24 hours speaking candidly with neighbors, alumni, ministry partners, donors, and passersby.

Erin and her guests will again share conversations covering everything from stories of recovering, difficult questions about homelessness and addiction, the root causes of these issues like mental health and trauma, and opportunities for prayer. And for PRM, this is a chance to restate the commitment we've made to see people, hear their stories, and keep the conversation going even after the cameras stop.

Save the date and plan to come out, take a seat, and be part of the conversation.



**If you can't make it, tune in to our live stream of the event
on Facebook/YouTube.**



This conversation is more important than ever. As you've likely heard, funding is ending for 1,100 emergency shelter beds across the greater Portland area.

