



TR Newsletter

August 2026

Disney On Ice Outing

Join PARA and travel to Birmingham on Saturday, November 14th, to attend Disney on Ice's 2026 showing of Magic & Family **PRE-REGISTRATION IS REQUIRED**, and the **deadline for registration is Friday, September 4th at noon**. The cost is \$80 per participant.

DINNER & A MOVIE

We have reached our maximum enrollment for the upcoming Dinner & A Movie on August 7th

PLEASE READ

We will depart from CMX Hollywood 16 & IMAX Movie Theater on Friday, August 7, 2026

Everyone must be picked up at the movie theater.

Each registered participant must bring \$25.00-\$30.00 cash to cover the cost of his/her dinner

ALL PARTICIPANTS MUST BE PRE-REGISTERED TO ATTEND THIS OUTING

FAYETTE WATERPARK OUTING

For the participants who are signed up to attend the Alabama Adventure Outing on Saturday, August 22nd. This is a reminder that we will depart from the Belk Center at **9:00 a.m.** and return by **4:00 p.m.**

****Don't forget to bring a small gym bag with sunscreen, a towel, and a swimsuit!**

****Each participant will need to bring extra money for lunch. \$30.00 should be sufficient.**

Halloween Dance

Come dressed in your favorite costume for the "Halloween Dance," that will be held at the **McAbee Activity Center on Friday, October 30th from 6:00pm-8:00p.m.** Come enjoy food, fun & more.

The cost is \$4 per participant.

****Dinner will be served promptly @ 7:00p.m.**

NEW LOCATION!!

PLEASE READ

The **TR Thanksgiving Dance** will be held on Friday, November 13th at the **Bobby Miller Activity Center**

Time: 6:00 p.m.-8:00 p.m.

Cost: \$4 per participant

Address: 300 Bobby Miller Pkwy. Tuscaloosa, Al. 35404

****Dinner will be served promptly @ 7:00 p.m.**

BOWLING

Bowling will meet each Wednesday afternoon at Lucky Strike on McFarland Blvd. from 2:00 p.m. - 4:00 p.m.

The cost is \$4 per game.

We only accept cash at the bowling alley! Everyone MUST be picked up by 4:00 p.m.

Lucky Strike Bowling does not permit outside food or drinks, except for birthday cakes, **which must be approved in advance**. All food and beverages must be purchased on-site.

COOKING CLASS

Cooking Class is designed to help participants learn the basic techniques of cooking and kitchen safety. All participants **must be pre-registered** to attend. The cost is \$12 per class.

The August 10th and 24th Cooking Class will be held at the McAbee Center from 5:00p.m.-7:00p.m.

Competitive Swim

The 2026-2027 Competitive Swim Program will meet each Wednesday at the Miller Center beginning October 7th from 4:30 p.m.-6:00 p.m. The cost is \$20.00 per participant per month.

Transportation will be provided from Bowlero to Bobby Miller.

We will not have bowling on the following Wednesdays:

Wednesday, September 2nd
Wednesday, September 23rd
Wednesday, November 11th
Wednesday, November 25th
Wednesday, December 23rd
Wednesday, December 30th

Do you need more info or details about these or other PARA events? Contact: LeTrice Prince email: lprince@tcpara.org or call the Office: 205.562.3230

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5 BOWLING @ Bowlero 2p.m.-4p.m.	6	7 <u>DINNER & A MOVIE</u> We will depart from CMX Hollywood 16 & IMAX Movie Theater at 5 p.m. Everyone must be picked up at the movie theater	8
9	10 <u>COOKING</u> @ McAbee 5p.m.-7p.m.	11	12 <u>BOWLING</u> @ Bowlero 2p.m.-4p.m.	13	14	15
16	17	18	19 <u>BOWLING</u> @ Bowlero 2p.m.-4p.m.	20	21	22 <u>FAYETTE</u> <u>WATERPARK</u> <u>OUTING</u> Depart Belk 9:00 a.m. Return Belk @ 4:00p.m
23	24 <u>COOKING</u> @ McAbee 5p.m.-7p.m.	25	26 <u>BOWLING</u> @ Bowlero 2p.m.-4p.m.	27	28	29
30	31					

August 2026 TR Calendar