

# TR Newsletter

## March 2026

### Competitive Basketball

The 2026 Basketball Program will meet on Tuesdays and Thursdays at 3:00 p.m. at the Belk Center. The cost is \$30 per participant for the season.

**\*\* Basketball will conclude on March 5<sup>th</sup>.  
The State Basketball Tournament will be in Auburn, AL on March 5-6, 2026.**

### ALABAMA BASEBALL

Join PARA to see the University of Alabama Baseball team take on the University of Missouri on April 11<sup>th</sup>. **PRE-REGISTRATION IS REQUIRED**, and the deadline for registration is Friday, February 20<sup>th</sup>.  
**The cost is \$30 per participant.**

### Competitive Swim

The 2025-2026 Competitive Swim Program will meet each Wednesday at the Miller Center in March from 4:30 p.m. - 6:00 p.m. The cost is \$20.00 per participant per month.

**\*No Swimming on Wednesday, March 18<sup>th</sup>**

### GOLF

The 2026 Spring Golf program will meet at the Ol' Colony Golf Complex each **TUESDAY** in March, beginning March 10<sup>th</sup>, from 4:30 p.m.-6:00 p.m.

The cost is \$20 per participant for the month.

**\*No golf practice on Tuesday, March 17<sup>th</sup>**

### PLEASE READ

All golfers must have their own bag of clubs to participate in the spring golf program and may not use other golfers' clubs.

## PROM

The TR Prom will be held on Friday, April 17<sup>th</sup> at the Belk Activity Center.

**Time:** 6:00 p.m.-8:30 p.m.

**Cost:** \$5 per participant

**Address:** 2101 Bowers Park Dr.  
Tuscaloosa, Al. 35405

**\*\*Dinner will be served promptly @ 7:00p.m.**



**Music provided by Baby Bruce**

### Adaptive Fitness Class

Beginner to intermediate function fitness class for adults with special abilities to gain balance, strength, and endurance. All exercises can be adapted and modified for all abilities and functional levels, from high to low levels of assistance needed.

#### Class Location

**Faucett Brothers Activity Center**

#### When

**Thursday**

**10:00a-11:00a**

**11:05a-12:05p**

**For more information contact:**

**Instructor:** Amber Walker

**Email:** [awalker@tccpara.org](mailto:awalker@tccpara.org)

**Phone:** 205-331-5600.

### COOKING CLASS

Cooking Class is designed to help participants learn the basic techniques of cooking and kitchen safety. All participants **MUST BE PRE-REGISTERED** to attend. The cost is \$12 per class.

**The March 9<sup>th</sup> and 23<sup>rd</sup> Cooking Class will be held at the McAbee Center from 5:00 p.m.-7:00 p.m.**

### DINNER & A MOVIE

**We have reached our maximum enrollment for the upcoming Dinner & A Movie on March 6<sup>th</sup>**

### PLEASE READ

We will depart from CMX Hollywood 16 & IMAX Movie Theater on Friday, March 6, 2026

**Everyone must be picked up at the movie theater.**

### Adaptive Fitness Baseball

10:00 a.m.- 12:05 p.m.  
@ Faucett Center

**For more information contact:**

**Instructor:** Amber Walker

**Email:** [awalker@tccpara.org](mailto:awalker@tccpara.org)

**Phone:** 205-331-5600.

### BOWLING

Bowling will meet each Wednesday afternoon at Bowlero on McFarland Blvd. from 2:00 p.m.- 4:00 p.m.

The cost is \$4 per game.

**We only accept cash at the bowling alley!**

**Everyone MUST be picked up by 4:00p.m.**

**\*No Bowling on Wednesday, March 18<sup>th</sup>**

### Price Increase for Bowling

Dear Valued Clients,

Due to increased operating costs, we're updating fees for bowling to **\$5.00 per game on Wednesday, January 6, 2027.** Please let me know if you have questions or concerns.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 <b>BASKETBALL</b> @ Belk 3:00pm-4:30pm	4 <b>BOWLING</b> @ Bowlero 2p.m.-4p.m.  <b>SWIMMING</b> @ Bobby Miller 4:30p.m-6p.m.	5 Adaptive Fitness Class 10:00am-11:00am & 11:05am-12:05pm @ Faucett Center  <b>BASKETBALL</b> <b>State Tournament</b> @ Auburn, AL Depart Belk @ 9a.m	6 <b>Basketball</b> <b>State Tournament</b> @ Auburn, AL <b>Return to the Belk Center @</b> <b>3:45 p.m.</b>  <b>DINNER &amp; A MOVIE</b> We will depart from CMX Hollywood 16 & IMAX Movie Theater at 5 p.m. <b>Everyone must be picked up at</b> <b>the movie theater</b>	7
8 	9 <b>COOKING</b> @ McAbee 5p.m.-7p.m.	10 <b>GOLF</b> @ Ol'Colony 4:30-6p.m	11 <b>BOWLING</b> @ Bowlero 2p.m.-4p.m.  <b>SWIMMING</b> @ Bobby Miller 4:30p.m-6p.m.	12 Adaptive Fitness Baseball 10:00 a.m.- 12:05 p.m. @ Faucett Center	13 <b>Alabama Gymnastics</b> <b>Outing</b> Depart Belk @ <b>4:00 p.m.</b> Return Belk @ <b>9:00 p.m.</b>	14
15	16	17 <b>NO GOLF</b> 	18 <b>NO BOWLING</b>  <b>NO SWIMMING</b>	19 <b>NO</b> Adaptive Fitness Class	20	21
22	23 <b>COOKING</b> @ McAbee 5p.m.-7p.m.	24 <b>GOLF</b> @ Ol'Colony 4:30-6p.m	25 <b>BOWLING</b> @ Bowlero 2p.m.-4p.m.  <b>SWIMMING</b> @ Bobby Miller 4:30p.m-6p.m.	26 Adaptive Fitness Class 10:00am-11:00am & 11:05am-12:05pm @ Faucett Center	27	28
29	30	31				

## March 2026 TR CALENDAR