



TR NEWSLETTER

FEBRUARY 2026

BOWLING

Bowling will meet each Wednesday afternoon at Bowlero on McFarland Blvd. from 2:00p.m.- 4:00p.m.!

The cost is \$4 per game.
We only accept cash at the bowling alley!

Everyone **MUST** be picked up by 4p.m.

Competitive Swim

The 2025-2026 Competitive Swim Program will meet each Wednesday at the Miller Center in February from 4:30p.m.- 6:00p.m. The cost is \$20.00 per participant per month.

DINNER & A MOVIE

We have reached our maximum enrollment for the upcoming Dinner & A Movie on February 6th

PLEASE READ

We will depart from CMX Hollywood 16 & IMAX Movie Theater on Friday, February 6, 2026

Everyone must be picked up at the movie theater.

ALL PARTICIPANTS MUST BE PRE-REGISTERED TO ATTEND THIS OUTING.

Price Increase for Bowling

Dear Valued Clients,
Due to increased operating costs, we're updating our fee for bowling to **\$5.00 per game** on **Wednesday, January 6, 2027**. Please let me know if you have questions or concerns.

Red & White Dance

The "Red & White Dance" will be held at the McAbee Activity Center on **Friday, February 20th**, from 6:00 p.m.-8:00 p.m.
Enjoy food, fun & more.
The cost is \$4 per participant.
We only accept cash at the dance!

ADAPTIVE FITNESS

Valentine's Day Party

An event for Adaptive Fitness Members and community members
Date: Thursday, February 5, 2026
Location: Faucett Activity Center
Time: 10:30 am-12:30 pm
Cost: \$8 for non-members
\$5 for members

MUST PRE-REGISTER TO ATTEND

Register by calling or coming by any PARA Facility. **The deadline to register is Monday, February 2, 2026**

Night to Shine 2026

Date: February 13, 2026, at 6:00 pm
Hosted by: The Church at Tuscaloosa
Address: 6120 Watermelon Road
Northport, AL 35473
Please visit The Church at Tuscaloosa (TCAT) for additional information.
www.tcat.church

Competitive Basketball

The 2025 Basketball Program will meet on Tuesdays and Thursdays at 3:00 p.m. at the Belk Center. The cost is \$30 per participant for the season.
We will not have basketball practice on the following days:
Thursday, February 12th
Tuesday, February 17th

GOLF

The Spring Golf program will meet at the Ol' Colony Golf Complex each **TUESDAY** in March, beginning March 10th, from 4:30 p.m.-6:00 p.m.
The cost is \$20 per participant for the month.

PLEASE READ

All golfers must have their own bag of clubs to participate in the spring golf program and may not use the clubs of other golfers.



TR PROM

The "Prom" will be held at the Belk Center on April 17th from 6:00 p.m.-8:30 p.m. Enjoy dinner, music, and fun. Cost is \$5 per participant.

COOKING CLASS

Cooking Class is designed to help participants learn the basic techniques of cooking and kitchen safety. All participants **must be pre-registered** to attend. The cost is \$12 per class.

The February 9th and 23rd. Cooking Class will be held at the McAbee Center from 5:00 p.m.-7:00 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 Adaptive Fitness Valentine's Day Party Location: Faucett Center Time: 10:30a – 12:30p Cost: \$8 non-members \$5 for members MUST PRE-REGISTER	6 DINNER & A MOVIE We will depart from CMX Hollywood 16 & IMAX Movie Theater at 5 p.m. Everyone must be picked up at the movie theater	7
8	9 COOKING @ McAbee 5p.m.-7p.m.	10 BASKETBALL @ Belk 3:00pm-4:30pm	11 BOWLING @ Bowlero 2p.m.-4p.m. SWIMMING @ Bobby Miller 4:30p.m-6p.m.	12 NO BASKETBALL	13 Birmingham Swim Meet Depart @ 7:15am Night to Shine 2025 February 13th at 6:00 pm Hosted by: The Church at Tuscaloosa 6120 Watermelon Road Northport, AL 35473	14 
15	16	17 NO BASKETBALL	18 BOWLING @ Bowlero 2p.m.-4p.m. SWIMMING @ Bobby Miller 4:30p.m-6p.m.	19 Adaptive Fitness Class 10:00am-11:00am & 11:05am-12:05pm @ Faucett Center BASKETBALL @ Belk 3:00pm-4:30pm	20 Red & White Dance Location: McAbee Center Time: 6:00 p.m.-8:00 p.m. Cost: \$4 per participant	21
22	23 COOKING @ McAbee 5p.m.-7p.m.	24 BASKETBALL @ Belk 3:00pm-4:30pm	25 BOWLING @ Bowlero 2p.m.-4p.m. SWIMMING @ Bobby Miller 4:30p.m-6p.m.	26 Adaptive Fitness Class 10:00am-11:00am & 11:05am-12:05pm @ Faucett Center BASKETBALL @ Belk 3:00pm-4:30pm	27	28

FEBRUARY 2026 TR CALENDAR