

NOVEMBER 2025



Diabetes Awareness Month



HR representatives will be at the following locations during open enrollment for assistance.

Nov 3rd 1pm-3pm
Public Works
Upstairs Training Room

Nov 4th 1pm-3pm
ESD
Assembly Room

Nov 5th 1pm-3pm
Water Distribution
Conference Room

Nov 6th 8am-9:30am
Fire Logistics Building
Classroom B
1pm-3:00pm
ESD
Assembly Room

Nov 7th 10am-12pm
Ed Love Plant
Conference Room

Nov 10th 2pm-3pm
Fire Logistics Building
Classroom B

Nov 12th 10am-12pm
Water Resource Recovery
Conference Room
1pm-3pm
ESD
Assembly Room

Nov 13th 10am-12pm
Public Works
Upstairs Training Room

Nov 14th 7am-9am
TPD
Community Room
10am-1pm
City Hall
Council Chambers
2pm-4pm
TPD
Community Room

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
Need to make changes to your benefits? Open Enrollment is November 3rd – 14th! All Alight Worklife/SmartBen passwords have been reset. Username: is COT and your employee number Passwords are your 8-digit birthday MMDDYYYY				To participate in FSA or DCA for 2026 you must enroll or re-enroll during open enrollment!.		 AU vs. Kentucky
2	3	4	5	6	7	8
Daylight Saving Time Ends <i>Turn your clocks back one hour and check/change smoke detector batteries</i>		Day of Community Service Drop off coats at security or a toy for Toys for Tots.		Diabetes Fact: Approximately 4,657 new cases of diabetes are diagnosed daily	Love Your Lawyer Day We love our city attorneys!	UA vs. LSU World Town Planning Day Thank you, City Planners! AU @ Vanderbilt
Benefits Open Enrollment http://worklife.alight.com/tuscaloosa						
9	10	11	12	13	14	15
Diabetes Fact: Type 2 diabetes often does not have any symptoms.	International Accountants Day 	 VETERANS DAY		World Kindness Day 	 world diabetes day 14 November	UA vs. Oklahoma America Recycles Day
Benefits Open Enrollment http://worklife.alight.com/tuscaloosa						
16	17	18	19	20	21	22
Diabetes Fact: About 1/3 of all people with diabetes do not know they have the disease.			World COPD Awareness Day International Men's Day		Great American Smokeout Visit smokefree.gov or contact EAP for help to quit smoking	UA vs. E. Illinois AU vs. Mercer
23	24	25	26	27	28	29
	Diabetes Fact: Diabetes is caused by the body's inability to create insulin.			 CLOSED THURSDAY & FRIDAY HAPPY THANKSGIVING Have a Wonderful Holiday!		