



FOOD SERVICES

1. Table of Grace (205-469-7811)

201 Hargrove Road, Tuscaloosa AL 35401

- a) Food assistance: Tuesday 12pm-6pm, Thursday 12pm-2pm, & Friday 12pm-2pm
- b) Come in to the market and pick your food items from our client choice shelves. Income qualified households may choose food once per month. Please bring your ID for each visit.
- c) This agency receives a significant number of requests for assistance, and sometimes that means there are more people seeking services than can be accommodated at a given time. You *may* be placed on a waitlist.

2. Community Soup Bowl (205) 752-2421

1711 23rd Ave, Tuscaloosa, AL 35401, Located behind Piggly Wiggly

- a) Food assistance: FREE lunches Monday through Friday from 11:00am-12:50pm, lunches served on Saturday and Sunday if there is a group to sponsor (updates posted on Facebook)
- b) Maximum assistance: N/A

3. East Tuscaloosa Soup Bowl (205) 553-4588

4001 University Blvd E, Tuscaloosa, AL, Located at Druid Hills UMC

- a) Food assistance: FREE lunch every Wednesday and Friday from 12:00pm-1:00pm
- b) Maximum assistance: N/A

4. Mom's Meals 866-716-3257

- a) Call client's insurance company to see if they are eligible for the long-term care waiver (which means meals delivered long term) OR home delivered meals (which means meals delivered short term after a hospital stay etc.)
- b) Partners with Medicaid, Humana, & many others insurance providers

5. Salvation Army (205) 632-3691

1035 29th St, Tuscaloosa, AL 35401



- a) Food assistance: Mondays and Wednesdays from 8:00am-12:00pm & 1:00pm-3:00pm
- b) Maximum assistance: every 3 months
- c) Requires proof of income, proof of residence, photo ID, and social security cards for all household members

6. Meals on Wheels (205) 752-5429 to reach Community Service Programs of West Alabama or contact Director of MoW Diane Lewis at (205) 469-0383

- a) Food assistance: midday meals delivered on a daily or continuous basis
- b) Telephone application required for approval
- c) Minimum payment required for assistance
- d) Requires photo ID, social security card, proof of income, proof of power bill
- e) Must be homebound & unable to prepare meals independently

7. Hope City Church (205) 632-0083

3800 University Blvd E, Tuscaloosa, AL 35404

- a) Food assistance: 1st and 3rd Saturday of each month from 8:00am-9:30am
- b) Bring photo ID
- c) Maximum assistance: N/A

8. Coaling Baptist Church (205) 556-2775

11209 Hagler Coaling Rd, Coaling, AL

- a) Food assistance available every 3rd Thursday of the month from 10am-12pm
- b) Walk-ins
- c) Maximum assistance: N/A

9. St. Matthias Episcopal Church (205) 553-7282

2310 Skyland Blvd E, Tuscaloosa, AL

- a) Free bags of beans and rice
- b) 3rd Saturday of the month from 9am-11am
- c) Walk-ins



10. Canterbury Episcopal Chapel (205) 345-9590

812 5th Avenue, Tuscaloosa, AL 35401

- a) Food assistance on Tuesdays beginning at 7am; arrive at 6:45 to have time to fill out brief form
- b) Bring photo ID
- c) Maximum assistance: N/A

11. Saint Mark Church (205) 339-5990

1421 McFarland Blvd, Northport, AL 35476

- a) One-time emergency food box on Tuesdays from 11:30am-2:00pm and Wednesdays from 9:00am-10:00am and 12:00pm-1:00pm, but only during the first three weeks of the month
- b) You need a referral from One Mission to receive more assistance, and they will conduct an intake assessment to determine eligibility

12. Catholic Social Services of West Alabama (205) 759-1268

608 James I. Harrison Jr. Pkwy E, Tuscaloosa, AL 35405

- a) Call to schedule an appointment Monday through Wednesday 9:30am-11:30am
- b) Maximum assistance: once every 3 months
- c) Must bring bill in your name and a photo ID to appointment

**13. Wings of Grace with Forest Lake Baptist (205) 759-1039 or
contact Terri Hibbard at (205) 616-2792**

3101 Alabama Ave NE, Tuscaloosa, AL 35404

- a) Every Thursday from 8:30am-11:30am; meet around back of building
- b) Breads, desserts, food bags, meats
- c) Must register with them upon first visit to receive assistance (required by West Alabama Food Bank)
- d) Bring proof of residence
- e) Maximum assistance: N/A



14. Temporary Emergency Services (205) 758-5535

1705 15th Street, Tuscaloosa, AL 35401

- a) Food bags and food distribution center; call or visit to confirm requirements to receive assistance and schedule an appointment
- b) Facilities open 9:00am-4:30pm
- c) Maximum assistance: varies

15. FOCUS 50+ (205) 554-1919

3801 Loop Rd, Tuscaloosa, AL 35401; serves lunch at 5 different locations in Tuscaloosa

- a) Free lunches Monday-Friday starting at 11:00am (suggested donations \$1.39) for people age 60+
- b) Must call, visit FOCUS, or fill out application on website to register
- c) Home-delivered meals also available