



# Patient Care Technician

## The Patient Care Technician Profession

The healthcare industry is currently undergoing major changes in the way patient care is provided. This restructuring has resulted in the introduction of a new category of healthcare worker trained to perform a variety of patient care services. Patient Care Technicians must possess the technical skills necessary to service complex patient personal care issues including the implementation of selected portions of a specific care plan that may include rehabilitation services, basic bedside care, collection of laboratory specimens, Phlebotomy and EKG's. The Patient Care Technician works alongside doctors, nurses and other healthcare providers to oversee and monitor patients. This Patient Care Technician program will provide you with the basic medical knowledge and hands on skills necessary to perform or obtain technical diagnostic testing and perform direct patient care.

## The Patient Care Technician Program

The purpose of this program is to prepare students to assist a medical team by performing functions related to various aspects of a medical facility. This course covers the following key areas and topics:

- Medical Terminology
- Anatomy & Physiology
- Rehabilitation services
- Diagnostic tests
- Basic bedside care
- Patient Hygiene, grooming and aseptic techniques
- Collection of laboratory specimens
- Phlebotomy & EKG procedures

## Education & Certification

- Patient Care Technicians should have or be pursuing a high school diploma or GED.
- Students who complete this comprehensive course would be prepared to sit for the National Healthcareer Association (NHA) Certified Patient Care Technician (CPCT); Certified Nurse Technician (CNT); and/or Certified Patient Care Associate (CPCA) national certification exam

## Detailed Course Topics Covered

- The role of the Patient Care Technician
- Confidentiality and HIPAA
- Medical Terminology & Anatomy and Physiology
- Function of patient care in a variety of settings (hospital, clinic, office, mobile service, long term care facilities)
- Care & safety of patients, medical & legal aspects, and ethics
- Effective communication in a professional healthcare environment
- Interpersonal skills and human behavior
- Anatomy of each of the major body systems
- Aseptic technique and infection prevention
- Nursing processes and patient care including bed making, personal hygiene and grooming
- Urinary, bowel elimination, nutrition and fluids
- Phlebotomy procedures including venipuncture and capillary sampling
- Collecting non-blood specimens and point-of-care testing
- Perform 12 lead EKGs, EKG strip analysis (P,Q,R,S,T wave form)
- Basic respiratory care
- Disease states and wound care
- Rehabilitation and restorative care
- Measuring vital signs
- Observation and reporting on patient condition
- Patient mobility and body position
- Patient toileting, incontinence, and catheter care
- Perform documenting intake and output

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